



4161 NW 5th St #201
Plantation, FL 33317

New Patients

All new patients receive a complimentary one-hour consult with our head physician to establish a personalized care plan.

Check out our Medical Services

Our most important medical departments, but just a few of what our clinic offers:

- Primary Care
- Annual Physicals
- Laboratory & Blood Work
- Adult Immunizations
- Preventive Health Care
- Pre-operative Clearance



Stay healthier, make less trips to the hospital, and enjoy the convenience of medical care in your own home. Let our doctors come directly to you!

Walstein Medical Center Inc has a staff of medical professionals that make personal visits to assisted living facilities throughout the South Florida area. The same quality service, and now more convenient.

Ask your assisted living facility administrator to bring Walstein Medical Center Inc to your building.

Call us to learn how! 954.368.4283

Dr. Oscar Mendez, MD

BOARD CERTIFIED DOCTOR ELEVATES HEALTH CARE TO HIGHEST LEVEL

Dr. Oscar Mendez dedicates himself to making sure that patients receive the best possible medical attention.

Dr. Mendez, among the known Latino Board Certified doctors in South Florida, obtained his medical degree from the Universidad Libre de Colombia.

"This profession provides me the opportunity to be close and work with families, the elderly and the community -- those who need medical care the most," said Dr. Oscar Mendez. "It gives me the opportunity to apply the latest advance technology in the medical field for superior treatment outcomes. For me, what counts most is patient's health and well-being."

"We make sure correct diagnosis and treatment procedures are given patients," explained Dr. Mendez. "We make it a priority to take time to explain these to the patient so they understand what is necessary."

"For example, for our geriatric patients, we explain each medication to the family, making sure that we are all aware of what is important to the patient's medical care"

Dr. Mendez Family Practice provides quality healthcare to the entire family that includes back-to-school checkups, echocardiograms, sonograms, x-rays, lab work, full woman

exams. A wide variety of insurance plans are accepted including Medicare, Medicaid, Private Insurance, and most major health plans.

Dr. Oscar Mendez dedicates himself to making sure that patients receive the best possible medical attention.

Dr. Mendez, among the known Latino Board Certified doctors in South Florida, obtained his medical degree from the Universidad Libre de Colombia.



Walstein Medical Center

Appointment Request

We typically have same-day appointment availability.

Call 954.368.4283 for scheduling

Health Insurance

We accept most public and private insurance plans. We also offer special pricing for cash-paying patients for most procedures.

New Patients

All new patients receive a complimentary one-hour consult with our head physician to establish a personalized care plan.

4161 NW 5th St #201
Plantation, FL 33317

Monday - Friday 9:00 am – 5:00 pm
Saturday Closed
Sunday Closed

www.walsteinmed.com